

Session on

# Embracing Healthier Lifestyle & Avoiding Risk of Breast Cancer

Join in-person at ICAP Karachi & Lahore or on-line through zoom

Organized by **CA Women Committee of ICAP**

For ICAP women members, students & staff and women family members of our male fraternity

## Welcome Note



**Hina Usmani, FCA**  
Council Member &  
Chairperson CA Women Committee

## Closing Remarks



**Ammara S. Gondal, ACA**  
Member CA Women Committee

## Speakers

Breast Cancer symptoms,  
treatment and consequences



**Dr. Farah Essa Zaidi**  
President at OPEN Karachi, CEO at Dr  
Farah Essa Academy and Director at  
Dr. Essa Laboratory & Diagnostic  
Centre

Working women health issues, concerns  
and ways to live a healthier lifestyle



**Lt. Col (R) Dr. Fahd Farooq Khan**  
MBBS, FCPS (Medicine) MACP (USA) AMRCP (UK)  
Consultant Internal Medicine, Fellow of College of Physicians  
and Surgeons (PAK), Member American College of Physicians  
(USA), Associate Member Royal College of Physicians (London)  
(UK), Certified Health and Sports Nutritionist (USA)

A warrior's success  
story



**Fauzia Safdar, FCA**  
Member ICAP  
Manager compliance  
Howarth Hussain Chaudhary & Co



20 Oct 2021 | 4:00 PM – 5:00 PM



[cawomen@icap.org.pk](mailto:cawomen@icap.org.pk)

For Queries

REGISTER NOW



First 50 registered members can attend  
in person at each location. You can also  
register on zoom.

-ICAP Karachi

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-ICAP Lahore

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