



## A QUEST FOR LIFE × ICAP

AN EXCLUSIVE ONLINE SESSION FOR ICAP MEMBERS

# DREAM – LIFE AUDIT

*Stop Existing, Start Living*



2-Hour Live  
Online Session



Interactive &  
Hands-On



For CAs  
Pakistan & Diaspora

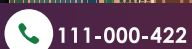
**THURSDAY  
APRIL 02  
2026**

**6:00–8:00 PM  
PAKISTAN TIME**

**4:00–6:00 PM  
KSA TIME**



<https://member.icap.org.pk/online-registration-for-seminar-workshop/>



You have spent your career mastering other people's numbers. You know how to audit a balance sheet, spot an incorrect accounting treatment and fix the cashflow projections.

***But when did you last audit the quality and direction of your own life?***

## **THE MOMENT OF TRUTH**

### **From Midlife Crisis to Midlife Awakening**

Many high-achieving CAs arrive at a quiet crossroads, the titles earned, the milestones ticked, and yet something feels off. This session is the first step to understand which part of life is not making sense and why. The idea is to shift from living on autopilot to living with purpose, from Workaholic to Lifeaholic.

**15**

#### **Elements of Life Audited**

From career & finances to relationships, health & spirituality – a full panoramic view.

**3**

#### **Priority Areas Identified**

Laser clarity on exactly where to focus your energy in in the next 12 months.

**90**

#### **Days of Committed Action**

Not just insight, a plan you start the very next day, built around non-negotiables.

**LIFEAHOLICS CHOOSE TO LIVE  
A FULL LIFE, ON THEIR OWN TERMS.**

## **WHY THIS SESSION EXISTS**

CAs are trained to optimise everything – except their own lives. The Inside-Out Life Design Framework brings the same rigour you apply to your profession to the most important project you will ever manage: your life. This is not therapy or motivation. It is Life Architecture – structured, practical and built for people who think in frameworks.

# WHAT YOU WILL WALK AWAY WITH



## **A completed personal Life Audit**

the clearest picture you have ever had of where your life truly stands today.



## **A Dream Life direction**

clarity on what the next 12 months of your life can look and feel like across top three priorities in life that matter today the most.



## **A 90-day action plan**

clarity on what the next 12 months of your life can look and feel like across top three priorities in life that matter today the most.



## **The Inside-Out Life Design Framework**

a personal operating system you can apply independently for the rest of your life.

### **A Dream Life direction**

- Senior CAs, CFOs & Finance Directors
- Big 4 professionals at a crossroads
- Mid-career accountants asking 'what's next?'
- Pakistani diaspora CAs — UAE, ME, UK, USA & beyond
- Anyone who has achieved success but craves meaning

### **Your Second Innings Starts Here.**

You have spent years building a career that looks impressive from the outside. Now it is time to build a life that feels extraordinary on the inside.

***One session. Two hours.  
The rest of your life.***

**Register via ICAP  
Member Portal**

## GUEST SPEAKER



### SHARJEEL AHMED

Helping Leaders design lives, teams, and organizations that thrive with growth, fulfillment, and freedom.

I've spent my life helping leaders rediscover what spreadsheets can't show i.e. purpose, connection and the courage to lead with heart for creating real impact.

With over 25 years of experience, I bring a unique blend of corporate wisdom, entrepreneurial grit and coaching depth to leadership development. For 17 transformative years at EY Pakistan, I rose to become one of the youngest Partner in Pakistan and co-founded the firm's Risk Advisory Practice in both Pakistan and Afghanistan in 2006.

Some career highlights include worked as Head of Internal Audit for 15+ companies in different sectors who had outsourced their internal audit function to EY. Delivered risk & advisory projects with all the major banks and financial institutions in Pakistan. Worked with all major donor agencies in Pakistan including The World Bank, USAID, FCDO (DFID), UNDP, UNICEF, ADB, IFC. Spent six months each in the multicultural environment of EY USA and EY UK.

I've had the privilege of training and collaborating with Boards, C-level leaders, senior executives, and middle management, equipping them with technical knowledge on risk and internal audit and also on authentic leadership, emotional intelligence, and high-impact team performance. My sessions are known to spark reflection, insight and action, not just better leaders, but better human beings.

As a certified life coach and visiting faculty at the Pakistan Institute of Corporate Governance since 2008, I merge strategy with soul. I've trained 500+ consultants in EY and 2,500 plus professionals in technical, leadership and essential life skills, always with a focus on creating meaningful, lasting transformation.

Multi-passionate at heart, I draw inspiration from travel, storytelling, photography and deep human connection. I have a genuine love for exploring cultures across the world, meeting new people and understanding how they see life, work and meaning. This wide lens adds soul to the way I train making it relatable, real and deeply rooted in lived experience.

If you're looking for a leadership trainer who understands the numbers and the complexities of human behavior, someone who can speak to the boardroom and still connect with the frontline, let's talk.

## OPENING REMARKS



### **RIZWANA ABDUL KARIM**

**CPD Convener**

**Southern Regional Committee, ICAP**

Rizwana is an Associate Member of the Institute of Chartered Accountants of Pakistan (ICAP) and a seasoned tax and finance professional with over 15 years of experience across KPMG, PwC, and EY.

Currently serving as Director in the Tax Services department at KPMG in Pakistan, she brings deep expertise in taxation, advisory, and cross-border structuring for both corporate and individual clients. She is also member of Southern Regional Committee of ICAP for the term 2026-30.

Her work spans diverse sectors including banking, insurance, pharmaceuticals, manufacturing, healthcare, and aviation. She has extensive experience representing clients before the Federal Board of Revenue and higher appellate forums and advising on complex local and international tax matters.

Beyond her professional role, Rizwana contributes actively to the Institute of Chartered Accountants of Pakistan (ICAP) through its Fiscal Law, Economic Advisory, CPD, and CA Women Committees. She is also a member of the Karachi Tax Bar Association and serves on the Executive Committee of the CA Toastmasters Club.

## WELCOME ADDRESS



### **YASIR MUNIR**

**Member ICAP Management committee East**

Yasir Munir is a Management Committee Member of Institute of Chartered Accountants of Pakistan, KSA Eastern Region and connected with the community for over 10 years. In his governance roles and participation through board committees supports governance excellence, transformation and strategic progress within the region.

## CLOSING REMARKS



### **BASHIR AHMED**

**Chairman, SRC**

Bashir Ahmed is an Associate Member of the Institute of Chartered Accountants of Pakistan (ICAP) with a distinguished professional background in public sector finance and financial governance.

He has contributed to the accounting profession through his service on several ICAP committees, including the Professional Accountants in Business Committee, Education & Training Committee, and Fiscal Law Committees, where he supported policy development, regulatory strengthening, and professional capacity-building initiatives.

He commenced his professional career with one of the Big Four accounting firms in Pakistan, where he developed strong foundations in auditing, financial advisory, and regulatory compliance. His core areas of specialization include Public Financial Management, with particular emphasis on budgeting and fiscal planning, taxation policy, public debt management, and investment strategy.

Currently, he serves as Head of the Debt, Risk & Investment Management Unit in the Finance Department, Government of Balochistan.